

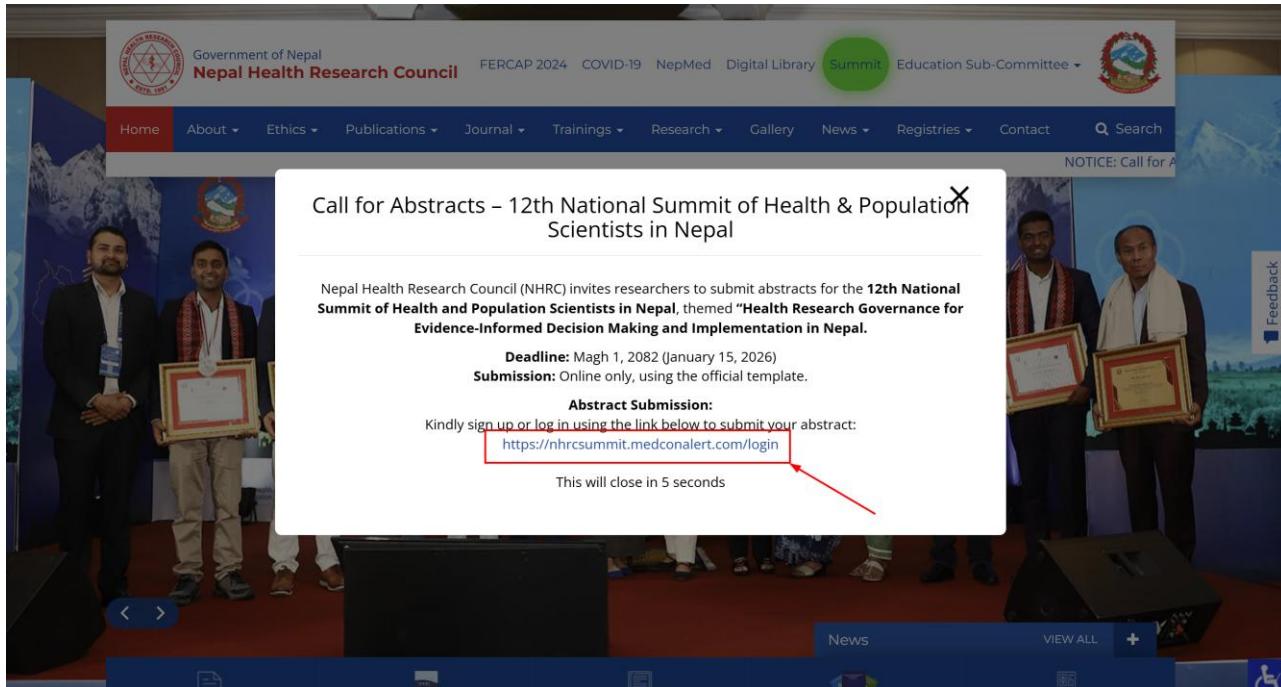


## 12<sup>th</sup> National Summit of Health & Population Scientists in Nepal

### Registration and Abstract Submission Guidelines

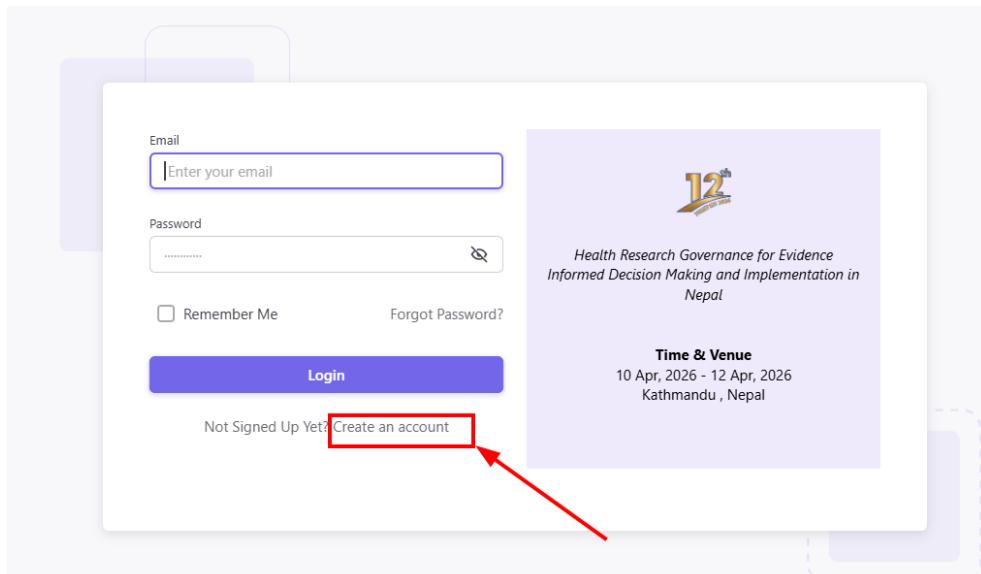
#### Registration Process

1. Click the link provided in the pop-up to sign up for the conference.

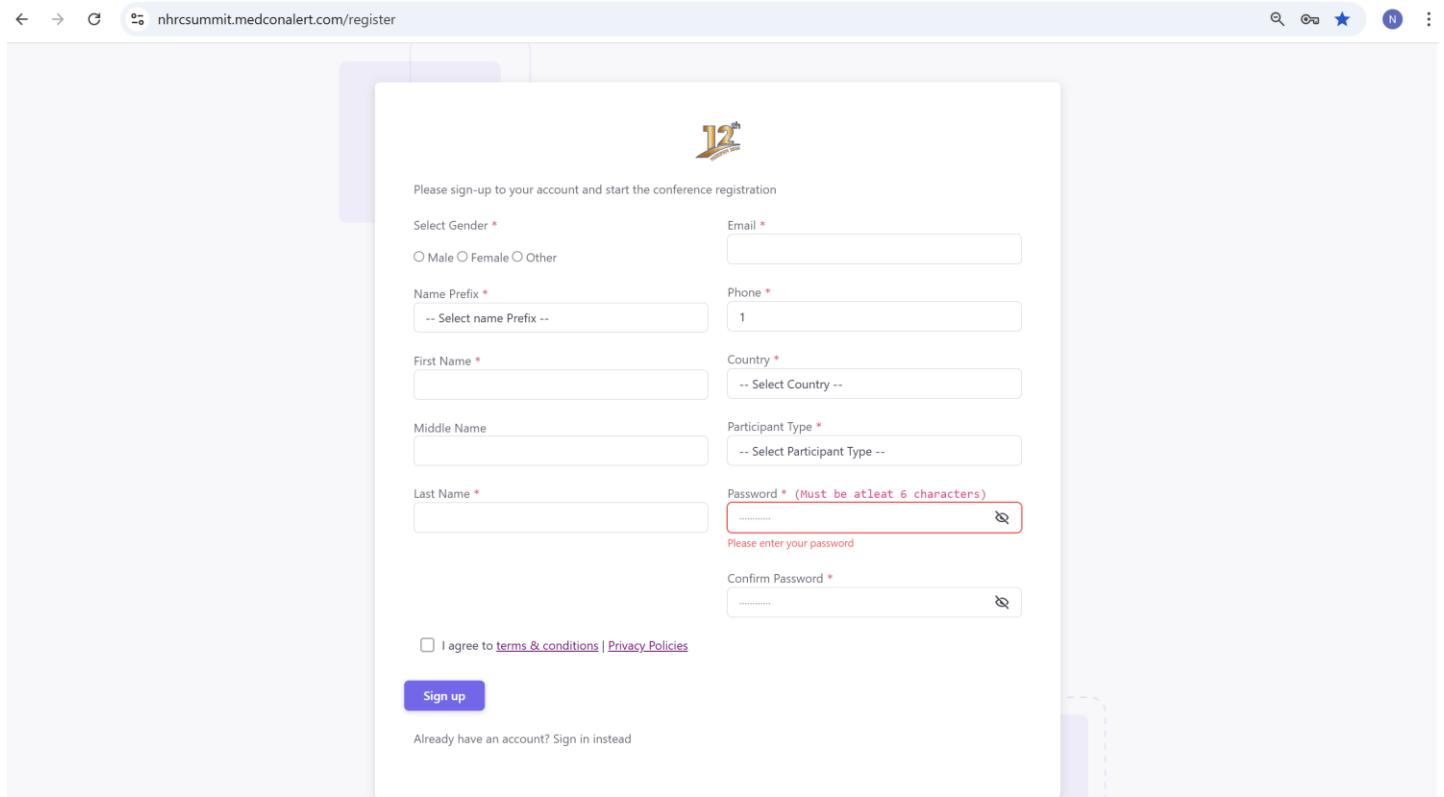


2. Click **Create an account** to sign up.

- If you have already signed up, enter your **email** and **password**, then click **Login**.
- If you forgot your password, click **Forgot Password** to recover it.



3. Fill in all required details on the Sign-Up page and click Sign Up



The screenshot shows the sign-up page for the 12th NHRCSummit. The page has a header with the conference logo and title. It contains fields for gender, email, name prefix, phone, first name, country, middle name, participant type, last name, password, and confirm password. There is a checkbox for agreeing to terms and conditions, and a 'Sign up' button. A note at the bottom says 'Already have an account? Sign in instead'.

Please sign-up to your account and start the conference registration

Select Gender \*

Male  Female  Other

Name Prefix \*  
-- Select name Prefix --

First Name \*  
[Input field]

Middle Name  
[Input field]

Participant Type \*  
-- Select Participant Type --

Last Name \*  
[Input field]

Password \* (Must be atleast 6 characters)  
[Input field]  
Please enter your password

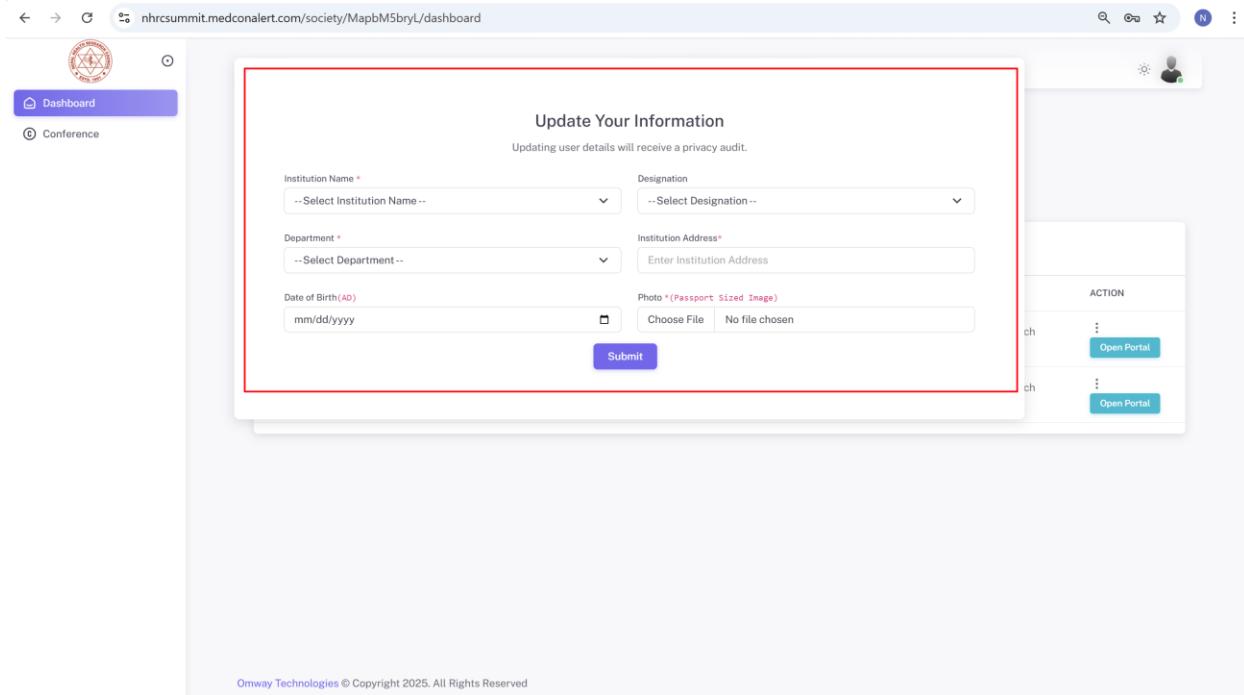
Confirm Password \*  
[Input field]

I agree to [terms & conditions](#) | [Privacy Policies](#)

**Sign up**

Already have an account? [Sign in instead](#)

1. A pop-up window will appear requesting additional information. Please fillup the details and submit



The screenshot shows a 'Update Your Information' pop-up window. It contains fields for institution name, designation, department, and address. It also includes a date of birth field, a photo upload section, and a 'Submit' button. The entire pop-up is highlighted with a red box. The background shows a dashboard with a user profile and navigation options.

Update Your Information

Updating user details will receive a privacy audit.

Institution Name \*  
--Select Institution Name --

Designation  
--Select Designation --

Department \*  
--Select Department --

Institution Address\*  
Enter Institution Address

Date of Birth(AO)  
mm/dd/yyyy

Photo \*(Passport Sized Image)  
Choose File No file chosen

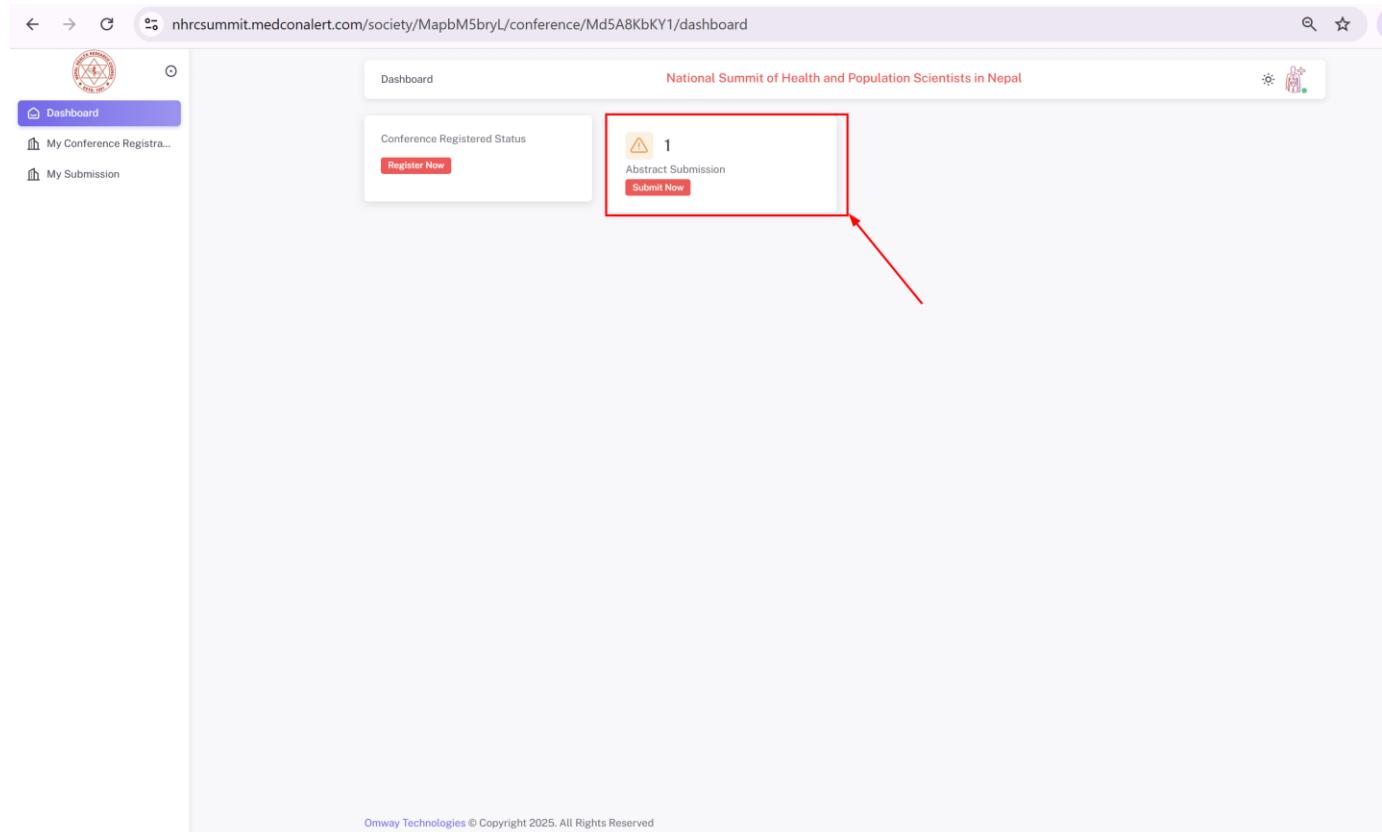
**Submit**

**Dashboard** **Conference**

**Omway Technologies © Copyright 2025. All Rights Reserved**

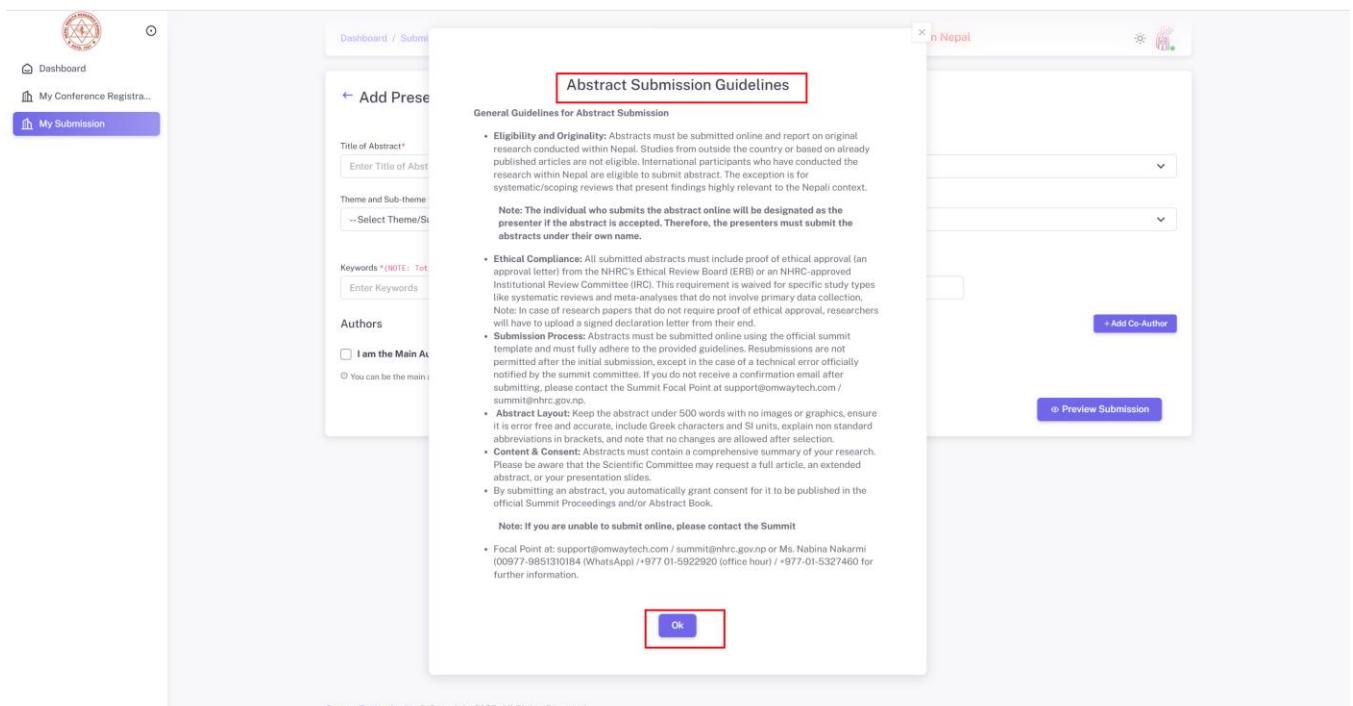
## Abstract Submission

1. After logging in, go to the Dashboard ➔ Click on Abstract Submission and then select Submit Now



The screenshot shows the conference dashboard with a red box and arrow highlighting the 'Abstract Submission' button. The dashboard includes sections for 'Conference Registered Status' and 'My Conference Registrations'.

2. Abstract submission guidelines will appear in a pop-up window. Please read them carefully and click OK



The screenshot shows a pop-up window titled 'Abstract Submission Guidelines' with a red box and arrow highlighting the 'Ok' button. The window contains general guidelines for abstract submission, including requirements for originality, ethical compliance, and layout.

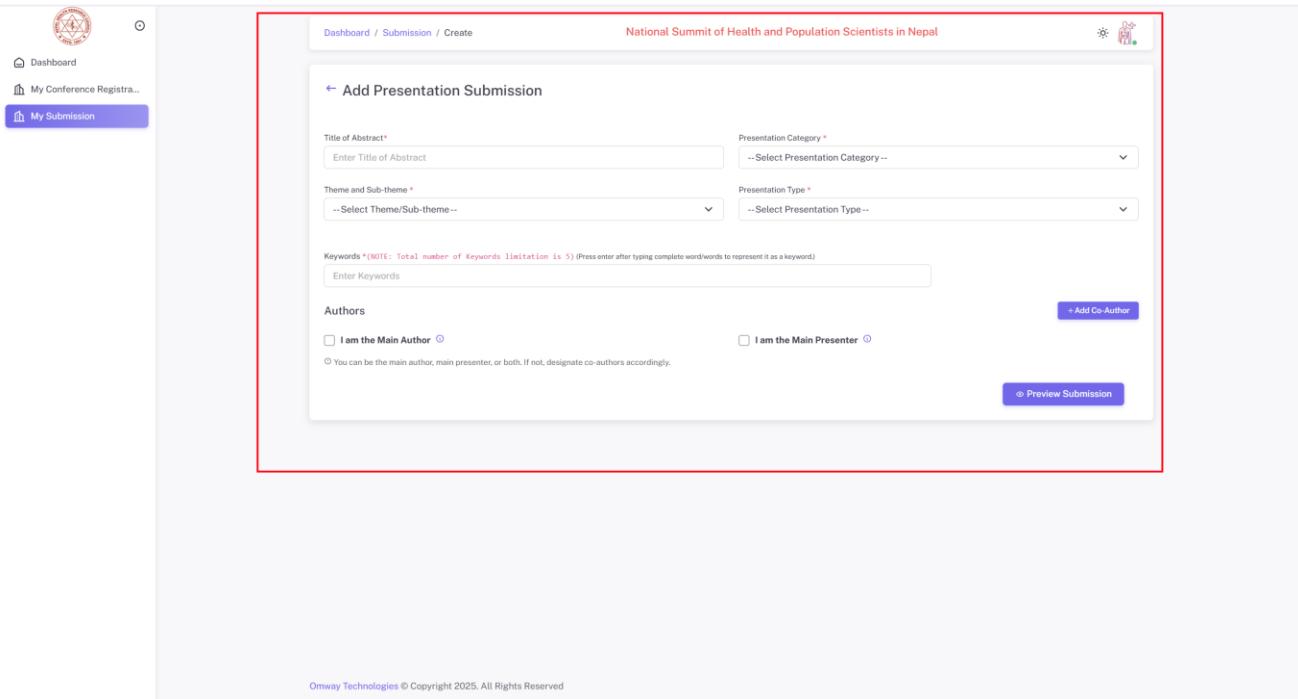
**General Guidelines for Abstract Submission**

- Eligibility and Originality:** Abstracts must be submitted online and report on original research conducted within Nepal. Studies from outside the country or based on already published articles are not eligible. International participants who have conducted the research within Nepal are eligible to submit abstract. The exception is for systematic/scoping reviews that present findings highly relevant to the Nepali context.
- Note:** The individual who submits the abstract online will be designated as the presenter if the abstract is accepted. Therefore, the presenters must submit the abstracts under their own name.
- Ethical Compliance:** All submitted abstracts must include proof of ethical approval (an approval letter) from the NHRC's Ethical Review Board (ERB) or an NHRC-approved Institutional Review Committee (IRC). This requirement is waived for specific study types like systematic reviews and meta-analyses that do not involve primary data collection. Note: In case of research papers that do not require proof of ethical approval, researchers will need to declare that they have obtained ethical approval from their institution.
- Submission Process:** Abstracts must be submitted online using the official summit template and must fully adhere to the provided guidelines. Resubmissions are not permitted after the initial submission, except in the case of a technical error officially notified by the summit committee. If you do not receive a confirmation email after submitting, please contact the Summit Focal Point at support@omwaytech.com / summit@nhrc.gov.np.
- Abstract Layout:** Keep the abstract under 500 words with no images or graphics; ensure it is error free and accurate, include Greek characters and SI units, explain non standard abbreviations in brackets, and note that no changes are allowed after selection.
- Content & Consent:** Abstracts must contain a comprehensive summary of research. Please be aware that the Scientific Committee may request a full article, an extended abstract, or your presentation slides.
- By submitting an abstract, you automatically grant consent for it to be published in the official Summit Proceedings and/or Abstract Book.

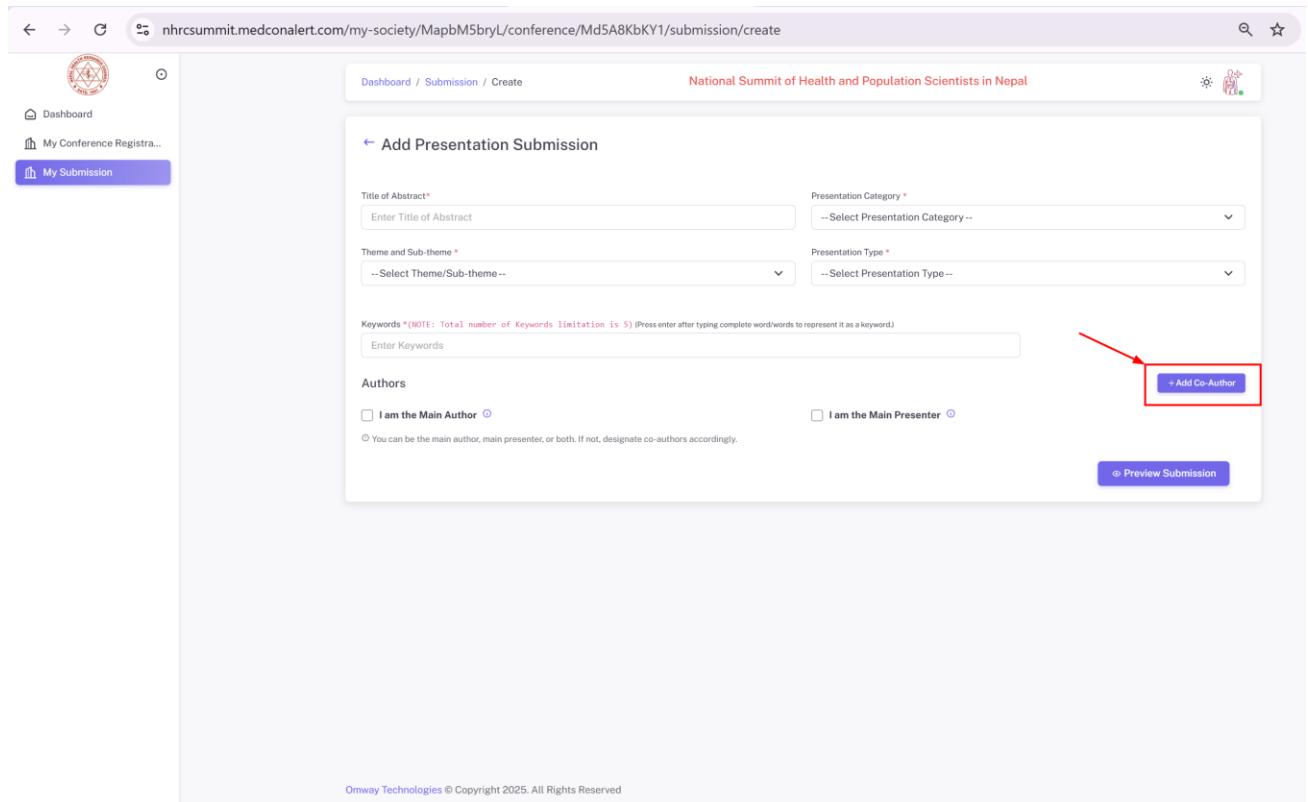
**Note:** If you are unable to submit online, please contact the Summit

Focal Point at: support@omwaytech.com / summit@nhrc.gov.np or Ms. Nabina Nakarmi (00977-9851310184 (WhatsApp) /+977 01-5922920 (office hour) / +977-01-5327460 for further information.

### 3. Fill in all required abstract details as instructed



### 4. To add a co-author, click on the Add Co-Author button and enter the details



## 5. Review your abstract using the Preview option

⊕ Preview Submission

⊖ Basic Information

**Title:** Health and Population

**Article Type:** Case Series/ Case study

**Submission Track:** Population Health and Demographics

**Presentation Type:** Oral

**Keywords:** Population and Health

⊕ Content

**Introduction (Word Limit: 150):**

Health and population are closely related and together influence the overall development of a society. Population factors such as growth rate, age structure, fertility, and mortality have a direct impact on health conditions, while access to healthcare services, nutrition, sanitation, and education affects population trends. Managing both health and population effectively is essential for improving quality of life and ensuring sustainable development.

This case study examines the health and population situation of a selected area, focusing on key demographic characteristics and major health challenges. Issues such as rapid population growth, maternal and child health problems, communicable and non-communicable diseases, and limited healthcare facilities continue to affect many communities. By analyzing these factors, the study aims to understand the relationship between population dynamics and health outcomes. The findings highlight the importance of integrated health and population policies in addressing public health challenges and promoting long-term social and economic well-being.

**Case Presentation (Word Limit: 200):**

This case study presents the health and population scenario of a semi-urban community with a rapidly growing population. The area has experienced a steady increase in population due to high birth rates and migration from nearby rural regions. The population structure shows a large proportion of children and women of reproductive age, which places increased demand on healthcare services, particularly maternal and child health facilities.

Despite the presence of a primary health center, access to quality healthcare remains limited. Common health problems in the community include anemia among women, malnutrition in children, frequent cases of respiratory and water-borne diseases, and a rising prevalence of non-communicable diseases such as hypertension and diabetes among adults. Inadequate sanitation, unsafe drinking water, and low health awareness contribute significantly to these health issues.

Family planning services are available but underutilized due to lack of awareness, cultural beliefs, and limited counseling. Immunization coverage is improving, yet gaps remain in follow-up and outreach services. This case highlights the complex interaction between population growth and health challenges. Strengthening primary healthcare, improving health education, promoting family planning, and enhancing sanitation facilities are essential steps toward improving health outcomes and achieving balanced population growth in the community.

**Result (Word Limit: 100):**

The results of the case study indicate that rapid population growth has increased pressure on available health services. Maternal anemia, child malnutrition, and communicable diseases were frequently reported due to limited access to healthcare and low health awareness. Although primary health facilities and immunization services existed, their utilization was irregular. Family planning services remained underused because of cultural barriers and insufficient counseling. Poor sanitation and unsafe drinking water further worsened health conditions. Overall, the findings demonstrate a strong link between population dynamics and health outcomes in the studied community area.

**Conclusion (Word Limit: 50):**

The case study concludes that population growth significantly influences health outcomes. Limited healthcare access, low awareness, and poor sanitation contribute to major health problems. Strengthening health services, promoting family planning, and improving living conditions are essential for achieving better health and balanced population development.

**Attachment:**

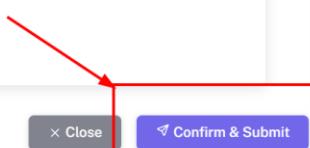
1.png (8.28 KB)

⊕ Authors

Nabina Nakarmi **Main Author**

Rashi Maharjan  
Email: xyz@gmail.com  
Phone: Not provided  
Designation: Student  
Institution: Omway Technologies  
Address: Shankhamul

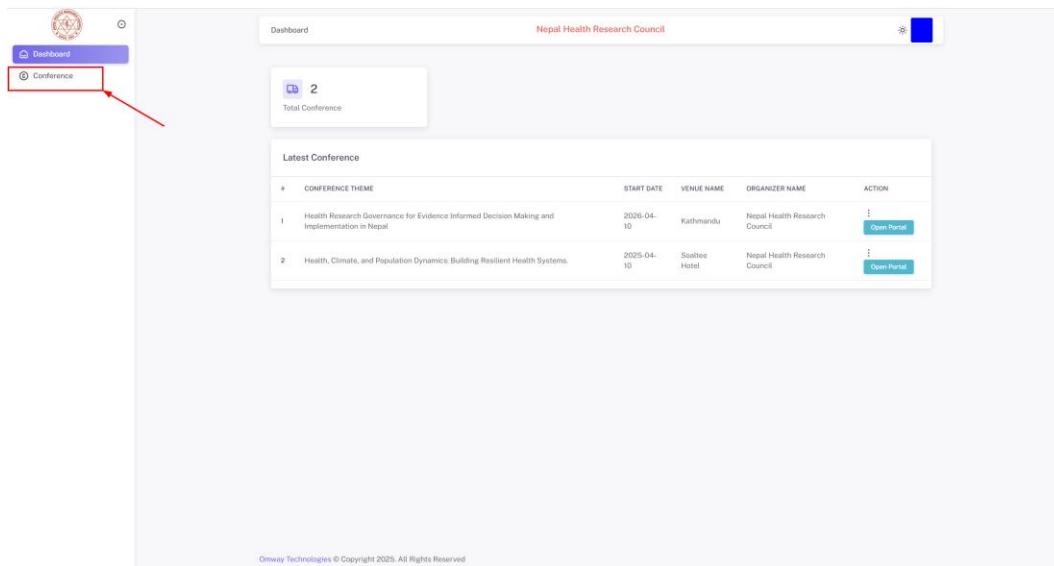
⊖ Close **Confirm & Submit**



## 6. Once confirmed, click Submit to complete the abstract submission

# Conference Registration

Click on the **Conference** option on the left side of the dashboard.

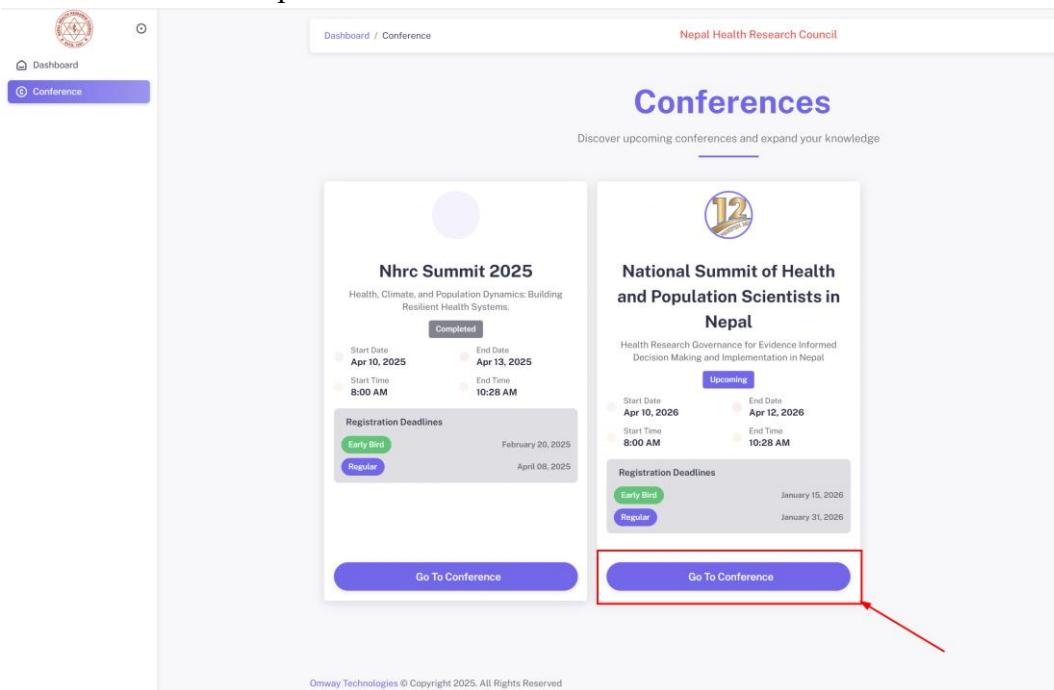


The screenshot shows the Nepal Health Research Council dashboard. On the left, a sidebar has 'Dashboard' and 'Conference' buttons, with 'Conference' highlighted by a red box and a red arrow pointing to it. The main content area is titled 'Latest Conference' and lists two entries:

#	CONFERENCE THEME	START DATE	VENUE NAME	ORGANIZER NAME	ACTION
1	Health Research Governance for Evidence Informed Decision Making and Implementation in Nepal	2026-04-10	Kathmandu	Nepal Health Research Council	 Open Portal
2	Health, Climate, and Population Dynamics: Building Resilient Health Systems.	2025-04-10	Seetae Hotel	Nepal Health Research Council	 Open Portal

At the bottom, a footer reads 'Omway Technologies © Copyright 2025. All Rights Reserved'.

- 1) Two options will appear; please select the second option, “National Summit of Health and Population Scientists in Nepal” → Go to Conference

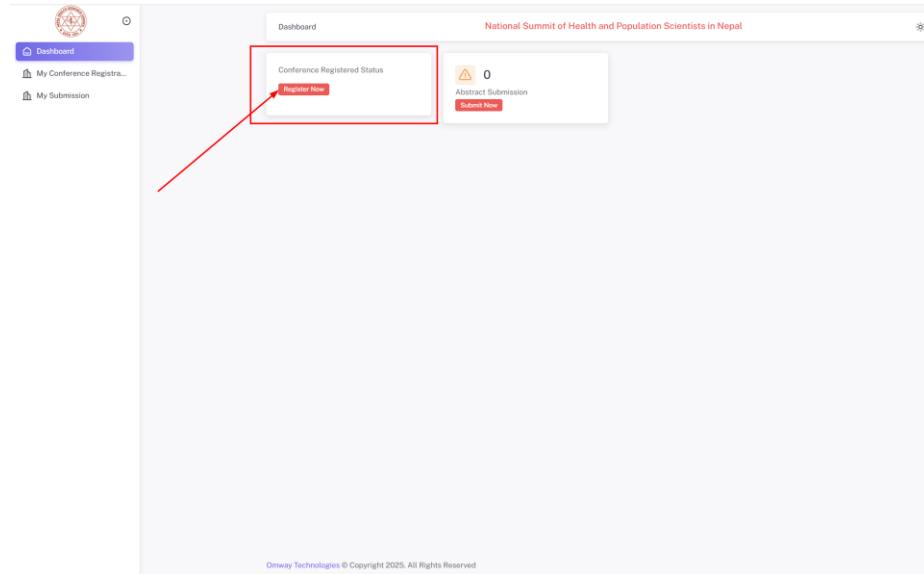


The screenshot shows the 'Conferences' page. The left sidebar has 'Dashboard' and 'Conference' buttons, with 'Conference' highlighted by a red box and a red arrow pointing to it. The main content area is titled 'Conferences' and shows two conference cards:

- Nhrc Summit 2025**  
Health, Climate, and Population Dynamics: Building Resilient Health Systems.  
Status: Completed  
Start Date: Apr 10, 2025 End Date: Apr 13, 2025  
Start Time: 8:00 AM End Time: 10:28 AM  
Registration Deadlines: Early Bird (February 20, 2025), Regular (April 08, 2025)  
[Go To Conference](#)
- National Summit of Health and Population Scientists in Nepal**  
Health Research Governance for Evidence Informed Decision Making and Implementation in Nepal.  
Status: Upcoming  
Start Date: Apr 10, 2026 End Date: Apr 12, 2026  
Start Time: 8:00 AM End Time: 10:28 AM  
Registration Deadlines: Early Bird (January 15, 2026), Regular (January 31, 2026)  
[Go To Conference](#) (this button is highlighted with a red box and a red arrow)

At the bottom, a footer reads 'Omway Technologies © Copyright 2025. All Rights Reserved'.

- 2) The Conference Registration Status will be displayed on the dashboard → Click on Register Now to proceed with the payment.



3) Now, you will be able to review the Registration Summary to verify your conference details and total attendees.

- If required, enter the number of Additional Guests and click Calculate Total Price.
- Check the Price Breakdown and confirm the total amount displayed.
- Scroll down to Choose Payment Method and select your preferred payment option (QR / Fonepay).
- Proceed with the payment and wait until the payment is successfully completed.
- Add meal (Veg/Non-Veg) status and submit.
- Once the payment is successful, the registration status will be updated automatically.

Registration Summary

Conference: National Summit of Health and Population Scientists in Nepal	Total Attendees: 3
Name: [Redacted]	Type: [Redacted]
Registration Type: Conference Only	Estimated Total: Rs. 5000.00

Additional Guests: 2 Guests

Price Breakdown

#	DESCRIPTION	QUANTITY	UNIT PRICE	TOTAL
1	Conference - National Delegates	1	Rs. 5000.00	Rs. 5000.00
2	Conference - Additional Guests	2	-	Rs. 0.00
<b>TOTAL AMOUNT</b>		<b>3</b>		<b>Rs. 5000.00</b>

Choose Payment Method

Select your preferred payment option below

QR Scan  fonepay  Select

S